AYR & DISTRICT RAMBLING CLUB SUMMER PROGRAMME 2022 (APRIL – SEPTEMBER)

- For all walks, meet at Ayr College car park at 8.45am for a 9.00am departure, unless stated otherwise in the walk descriptions circulated to members on Monday evenings.
- For the time being, we encourage the use of Lateral Flow Tests prior to meeting up.
- When car-sharing, the mileage contribution is now 25p per mile for all car occupants (i.e. including driver).
- Please inform leaders if you intend to travel direct to the start of the walk. Leaders' contact details will be provided along with the weekly walk descriptions.

APRIL			
Sat 2	В	Law Hill, Tarbert Hill & Blackshaw Hill from Ardrossan	Brigid Boyle
	C+	Lochwinnoch – Loch Semple Circular	Ken Carson
Sun 10	B+	Pentlands Four Peaks	Chris Lee & Linda
			Williams
	C+	Craufurdland Circular from Kilmarnock	Trish Hamilton
Sat 16	B+/A	Windy Standard via Jedburgh Knees Circular	Moh Harrats
	C/C+	Auchinstarry – Twechar (& return) Forth & Clyde	Barrie Southwood
		Canal	
Fri 22 to		Long Weekend at Grasmere	Various leaders
Mon 25		(A choice of walks will be offered)	
Sun 24	С	Annanhill - Crosshouse - Gatehead - Caprington Estate Circular	Pat McHarg
Sat 30	Α	Rig of the Jarkness, Glen Trool	Dick Vernon
	C+	Kilbirnie to Ladyland Circular	Mattie Templeton
MAY			
Sun 8	B+/A	Glenochar – Dun Law - Lousie Wood Law Circular	Denis Duke
	С	Sandgreen Circular, Gatehouse-of-Fleet	John Malcolm
Sat 14	Α	Beinn Chabhair	Rick Bamford
	C+	Hadyard Hill Wind Farm (South) & Carrick Way	Pete Longman
Sun 22	A+	Rhinns of Kells	Gordon & Liz Brown
	В	Dunure – Ayrshire Coastal Path – Brown Carrick &	Lorna Cullen
		Blacktop Hill Circular	
Sat 28		Ullapool Walking Week	Various leaders
to Sat 4		(A choice of walks will be offered)	
June			
Sat 28	С	Bogside – Ardeer Circular	Ken Carson
JUNE			
Sun 5	В	Barony Hill and Beyond	Ross Green
	С	Around Mauchline via The Haugh and River Ayr	Mary Hardie
Sat 11	A/A+	Ben Lui from Dalrigh	Dick Vernon
	C+	West Island Way (Rothesay to Kilchattan Bay)	Willie & Isobel
	(and B+		Mactier
	option)		
Sun 19	Α	The Three Beinns, Isle of Arran	David Allison
	C+	Lethanhill – Benquhat – Burnton Circular	David Wood
Sat 25	Various	Corrour Away Day	Gordon & Liz Brown
	C+	Forth & Clyde Canal - River Kelvin - River Clyde	Ken Carson

JULY			
Sun 3	B+	Stood Hill, Willowgrain Hill & Southern Upland Way, Wanlockhead	Helen Allison
	С	Three Parks and Cycle Track, Seafield - Alloway	Alma Fisher
Sat 9	B+	Loch Brecbowie & Nick of the Loup	Ross Green
	C+	Clyde Walkway from Uddingston to Central Station	Pete Longman
Sun 17	В	Barrhead Dams and Craigie	Ross Green
	С	Euchan Glen Circular, Sanquhar	John Walter
Sat 23	Α	Cairn Table – Stony Hill – Wardlaw Hill Circular	Moh Harrats
	C/C+	Altizourie – Blairquhan Circular, Straiton	Linda Williams
Sun 31	В	Watstone and Cairnsaigh	Pete Longman
	C/C+	Maidens – Culzean – Turnberry Circuit	Richard Lutz
AUGUST			
Sat 6	B+/A	Scaw'd Law – Ballencleuch Law Circular, Durisdeer	Lindsay Veitch
	C+	Loch Bradan Circular	John Walter
Sun 14	В	Cochno Hill – Kilpatrick Hills	Denis Duke
	C+	Glentrool – Water of Minnoch Circular	David Allison
Sat 20	Α	Beinn Tulaichean & Cruach Ardrain	Rick Bamford
	C+	Seamill to Largs (Ayrshire Coastal Path)	Mattie Templeton
Sun 28	Α	Hart Fell Circular	Gordon & Liz Brown
	C+	Fairlie – Kelburn Circular	Linda Sommerville
SEPT			
Sat 3	В	The Magnificent Eleven, Glasgow	Pete Longman
	С	Troon – Prestwick Circular	Brigid Boyle
Fri 9 to		Long Weekend at Alston, Cumbria	Various leaders
Mon 12		(A choice of walks will be offered)	
Sun 11	C+	September Ramble at Culzean Country Park	Ken Carson
Sat 17	Α	Shalloch on Minnoch – Craigmasheenie – Shiel Hill Circular	Moh Harrats
	C/C+	Galston – Hurlford and return	Barrie Southwood
Sun 25	В	Auchenroy Hill Circular	James Wood
	C+	Barr Trails Circular	Roger Coutu

Walk grades (these are intended only as a guide, in particular with regard to length of walk):

- A+ For the very experienced and very fit. Very strenuous, walks are often over high ground e.g. 3, 000ft, sometimes in very exposed conditions. Very steep mountain ascents and descents may be involved. Walks may be over 15 miles.
- A Strenuous, for the fit. Usually over hilly and rough terrain. Steep ascents and descents may be involved. Typically 10–15 miles.
- **B+** Moderate to strenuous. Not over 2,000 ft. Although easier than A walks, at least one feature of an A walk may be involved. Typically 10–13 miles.
- **B** Moderate. Usually moorland or lengthy low-level walks. Usually 9–12 miles.
- **C+** Easy to moderate. Mostly on level ground, but could involve either short uphill sections or rough ground. Usually 6–9 miles.
- **C** Easy. Mainly level ground, usually on paths, tracks, or minor roads. Usually 5-7 miles.